

Provide First Aid

HLTAID003 Provide first aid

Application and Relevance

This course applies to a wide range of settings where first aid emergencies may occur. It is relevant for people working in education, aged and community care, sport, outdoor recreation, travel and tourism, hospitality, industry enterprises as well as in home or other environments.

Duration

7 hours (1 day) classroom training and assessment with online or workbook pre-work; or
14 hours (2 days) classroom training and assessment only

Course Content

This course provides the skills and knowledge required to provide first aid response, life support, management of casualty(s), the incident and other first aiders until the arrival of medical or other assistance. Topics include:

- + Assessing an emergency situation
- + Airway and breathing management
- + Cardiopulmonary Resuscitation techniques (CPR)
- + Automated External Defibrillation
- + First Aid management of the unconscious casualty
- + Medical conditions including cardiac, diabetes & epilepsy
- + Infection control and First Aid for minor wounds
- + Allergic reactions and asthma
- + Control of major external bleeding and shock
- + Management of near drowning
- + Hyperthermia and hypothermia
- + Burns and electric shock
- + Eye and soft tissue injuries
- + Venomous bites and stings
- + Fractures and spinal injuries
- + Head, chest and abdominal injuries
- + Assessment of the sick and injured
- + Recording vital signs
- + Communicating details of an incident
- + Debriefing and evaluation of response to critical incidents



Prerequisites

There are no prerequisite units. Participants will need the ability to meet the physical demands of providing first aid. It is also recommended that participants have language, literacy and numeracy skills equivalent to level 2 of the National Reporting System.

Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge. Note that the provision of CPR must be demonstrated on the floor.

Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

Please refer to the Student Handbook for additional information.